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BEFORE YOUR SURGERY

EATING & DRINKING: It is very important that you have NOTHING to eat or drink for **at least six hours prior to appointment time!** You may have a sip of water to take medications. Surgery will be cancelled and rescheduled if there is any intact of food for liquid prior to surgery.

MEDICATIONS: Regular Medicines: Please take all your regular medicines unless otherwise instructed. You may take them with a small sip of water.

SOMEONE TO ACCOMPANY YOU: You must be accompanied to the office by an adult who can drive you home when you are discharged and stay home with you at least four hours. The driver **MUST** stay in the office during your surgery appointment.

CLOTHING: Wear comfortable, loose fitting, old clothes with **short sleeves.**

COSMETICS/JEWELRY: No jewelry and light in cosmetics.

CONTACT LENSES: Please remove prior to the appointment.

IMPORTANT: It is normal to feel a little dizzy and to sleep for several hours after the anesthetic. **Do NOT drive, operate equipment, work, or sign any important paper for the rest of the day.**

QUESTIONS: Please do not hesitate to call the office at any time (940) 696-1544 and after hours (940) 247-0171 if you have any questions regarding your surgery or anesthetic